

Body Language Game

Confident body language and speaking in a loud and excited tone of voice helps all entrepreneurs appear more confident, even if they are really nervous about presenting their business idea.

This activity is modified from [VentureLab](#).

Instructions:

Practice saying each of the messages below with the body language and tones next to each message!

Body Language	Tone	Message
Hands on face	Angry	It's raining again.
Pacing back and forth	Surprised	There's crunchy peanut butter on my sandwich.
Pointing a finger	Excited	She just said hello.
Shrugging shoulders	Disappointed	Everyone is looking at me.
Arms crossed	Confused	What time does the movie start?